

	The Goddess Movement Studio
	Unit A 2594 Ware Street Abbotsford, BC
	contact@thegoddessmovement.com 778-240-7879

COVID-19 Safety Measures

Signage	Located at entrance and before each studio entrance - reminding dancers to maintain physical distancing protocol, sanitize hands, wear masks in all common and transitional areas, and to self screen prior to entry.
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Studio Lobby *CLOSED*	To reduce traffic in and out of the building, students congregating before and after class, and overall number of people in the building at one time, the lobby will be closed.
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Transition Time	There is 15 minutes booked in between all classes to allow for students to fully exit the building prior to the next class arriving. This also allows for full sanitization of the floor, equipment, and doors, etc.
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Limit Class Sizes	Crystal Studio to have a maximum of 10 dancers - allowing 8'2"x8'2" of dance space for each dancer
	Phoenix studio to have a maximum of 7 dancers - allowing 8'2"x8'2" of dance space for each dancer

Sanitation	Hand sanitizers located immediately inside the entrance and inside the entrance to each studio.
	Floors to be cleaned and sanitized between each class by the instructor.
	Equipment to be sanitized (if used) between each class by the instructor.
	Bathrooms to be sanitized following each use by the instructor.
	All high contact surfaces will be cleaned at the beginning of the day, after each class, and at the end of the day.

Airflow	There will be no fans in use in either studio at any time.
	Exterior doors will be blocked open when possible to allow for fresh air into the space.
	Air purifiers rated for removal of viruses and bacteria and adequate for studio square footage will be running in the studio prior to and during all classes.

PPE	Every student and staff member is required to wear a proper-fitting mask upon entry to the studio.
	The CDC states that masks are not required, nor safe, for a person to use while exercising. If you feel safe wearing a mask during class, please feel free to do so. If you have any existing conditions that make wearing a mask dangerous, please know we will meet your needs without judgment.

Enter	Class finish/start times have a minimum of 15 minutes separation to allow for one class to fully exit (distanced) before the next class enters (distanced) minimizing student crossover and contact
	Phoenix studio - students to enter via external door rather than re-entering foyer.
	Crystal Studio - students to enter via main entrance door.

Egress	Phoenix studio - students to leave via external door rather than re-entering foyer.
	Crystal Studio - students to leave via main entrance door.

Social Distancing	Dances re-choreographed or moved to technique only to ensure minimum distance requirements are met.
	Each 8'2"x8'2" of dedicated, distanced space for each student is outlined clearly with a taped square on the floor. Buffer area is indicated on three walls for students to travel during class when exiting/using the bathroom is urgent/an emergency
	During pole classes, there are clearly marked circles on the floor, 8.5+ feet away from any pole or other students for students to stand on when awaiting their turn to use the pole.
Spotting	In following with ViaSport protocols for gymnastics, hands on spotting will be done only when the safety of the student is paramount. When this is the case, both the instructor and student will be wearing masks and both will have sanitized hands. Once the student's safety is restored, distance will be maintained.
No Changing	Dancers must arrive in the clothing they will dance in. Dancers are not required to change for each class, they will stay in one outfit for all their dances.
Equipment	For pole classes, each student will have their own pre-sanitized cleaning towel. Students will clean the pole with 99% alcohol when leaving the pole to ensure it is clean and sanitized for the next student.
	There will be no mats used at this time.
Audio	Music volume will be kept at a reasonable level for the instructor to maintain a normal speaking tone to instruct class.
Health Checks	If any student has a temperature over 38 degrees Celsius or answers yes to any of the health screening questions, they will not be allowed to enter.
	All dancers and instructors to perform a health check before coming into the studio.
	Anyone with a temperature, cough, or shortness of breath, has been asked to self isolate, or has been out of province in the last 14 days is asked to remain at home until symptom free for 3 days or until self quarantine is complete.
	All staff must complete and sign off to answering no to all covid screening questions prior to any class they are teaching in-studio. If they answer yes to any of the screening questions, they are to call a substitute to cover their class. If no substitute can be found, class will be cancelled and students issued credit.
Waterbottles	Dancers must bring their own waterbottles to class, refilling water bottles will not be allowed
Payments	There will be no administrative tasks performed on site to reduce contact. All payments and administration will be handled through our online booking system and emails.
Limit Personal Items	Dancers must not bring into the studio more than what is required for that class. There will be no storage provided to dancers
Limited Food	Dancers are asked not to bring food into the building. They can eat outside or in their cars.
Online Classes	If dancer is symptomatic, classes can be accessed online via zoom (depending on style of dance)
	No office hours will be held inside the studio.

Admin/ Registration/ Office	All administrative tasks will be performed from home.
	All registrations and payments will be managed online via our scheduling software.
	All students who attend classes will be required to register in advance, no walk ins.